



IKC Professional Kinesiologist Application Form

This application is for Kinesiology practitioners who have completed their training with various institutions and wish to become recognized as an International Kinesiology College Professional Kinesiologist.

IKC Professional Kinesiologists are part of a united network that supports professionals around the world.

On successful completion of the assessment process IKC Professional Kinesiologists have the option to request their details be listed on the www.IKC.global website for an annual fee of €20. They are also permitted to use the IKC Professional School logo and will be able to participate in IKC Professional School activities.

This application is available in all countries. However, in countries where there is an active Professional Kinesiology Training Program (PKTP), please contact the Professional School Dean (psdean@ikc.global) to outline your reasons for choosing this route before submitting your application.

Application Requirements (please refer to the supplementary notes for details on how to provide evidence)

I enclose evidence of the following:

- 1 Having worked with members of the public as a professional Kinesiologist for at least two years.
- 2 A list of at least 100 client sessions including dates and initials during this period.
- 3 Having attended a minimum of 590 certified classroom hours to include the following:

A minimum of 450 hours of Kinesiology

A minimum of 25 hours of supervised practice

A minimum of 45 hours of A&P

A minimum of 30 hours of basic sciences

A minimum of 30 hours of communication

A minimum of 10 hours of ethics and business administration

- 4 Having attended the minimum number of hours above distributed in at least 2 years.
- 5 Having taken kinesiology courses or seminars that have allowed the practitioner to have a background in all the main areas used in kinesiology, such as the structural, nutritional, emotional, mental and energetic areas.
- 6 Having attended a minimum of seven hours training on IKC and professional kinesiology ethics, preferably in the applicant's country.



- 7 A signed copy of the IKC Professional Kinesiology Code of Ethics.
- 8 2 written case studies of 4 sessions each as per the guidelines provided.
- 9 Having received a minimum of 3 mentoring sessions in a two-year period. The mentoring should be for professional development (Kinesiology or business oriented) as recorded on the mentoring form provided.
- 10 Payment of the application fee of € 590.

Agreement

I, the undersigned, have fulfilled all the requirements laid out above and request a competency assessment by the IKC Professional School Examining Board. I understand that I am expected to attend a competency assessment in the presence of an IKC Professional School Examining Board Representative. The assessment is held before, during or after IKC international conferences or, whenever possible, in the applicant's country, or when necessary, online.

As an IKC Professional Kinesiologist I will abide by the code of ethics enclosed with this application.

Signed _____ Date _____

First name _____ Last name _____

Address _____

Country _____

Please forward this application and all accompanying documents to the Professional School Dean psdean@ikc.global.

Evidence Provided		✓
1.	Professional Kinesiologist activities for at least 2 years	
2.	Client list	
3.	Completed tables 1-6	
4.	Training completed in at least 2 years	
5.	All areas of Kinesiology covered	
6.	Ethics training	
7.	Signed copy of Code of Ethics	
8.	Case studies	
9.	Mentoring	
10.	Payment made	



SUMMARY OF EVIDENCE

Instructions

Complete each of the 6 tables below in chronological order.

Please ensure that the number referencing corresponds to all photocopied and/or attached evidence adding additional pages should they be required.

Table 1: Evidence of Kinesiology Training

List all kinesiology-based training. Kinesiology modalities should be classified using the following abbreviations, several categories may apply.

Learning skills and brain integration	LB	Musculo-skeletal approach and posture	MS
Nutritional and supplement awareness	NS	Environment and ecology approaches	EO
Energetic modalities (meridians, chakras etc.)	EM	Emotional Stress	ES
Dialogue within a balance	DB	Organs, glands and other body systems approach	OG
Life phases and genetics	PG	Foundation training in muscle response	MR
Other modalities	OM	Professional Attitude	PA

Table 2: Evidence of Supervised Practice

Table 3: Evidence Training in Anatomy and Physiology

Table 4: Evidence Training in Basic Sciences

Table 5: Evidence of Training in Communication

Table 6: Evidence of Ethics and Business Administration Studies

Table 1: Evidence of Kinesiology-based Training

No.	Workshop Name	Instructors' Name & Country	Date Completed	Class Hours	Classification (e.g. LB)	Document Format
K1						
K2						
K3						
K4						
K5						
K6						
K7						
K8						
K9						
K10						
K11						
K12						
K13						
K14						
K15						
K16						
K17						
K18						
K19						
K20						
K21						
K22						
K23						
K24						
K25						
K26						
K27						
K28						

Table 1: Evidence of Kinesiology-based Training

No.	Workshop Name	Instructors' Name & Country	Date Completed	Class Hours	Classification (e.g. LB)	Document Format
K29						
K30						
K31						
K32						
K33						
K34						
K35						
K36						
K37						
K38						
K39						
K40						
K41						
K42						
K43						
K44						
K45						
K46						
K47						
K48						
K49						
K50						
K51						
K52						
K53						
K54						
K55						
K56						

Table 1: Evidence of Kinesiology-based Training

No.	Workshop Name	Instructors' Name & Country	Date Completed	Class Hours	Classification (e.g. LB)	Document Format
K56						
K57						
K58						
K59						
K60						
K61						
K62						
K63						
K64						
K65						
K66						
K67						
K68						
K69						
K70						
K71						
K72						
K73						
K74						
K75						
K76						
K77						
K78						
K79						
K80						
Total number of class hours (minimum 450)						

Table 2: Evidence of Supervised Practice

No.	Practice Focus	Instructors' Name & Country	Date Completed	Hours	Document Format
P1					
P2					
P3					
P4					
P5					
P6					
P7					
P8					
P9					
P10					
Total number of class hours (minimum 25 hours)					

Table 3: Evidence of Training in Anatomy and Physiology

No.	Workshop Name	Instructors' Name & Country	Date Completed	Class Hours	Document Format
A1					
A2					
A3					
A4					
A5					
A6					
A7					
A8					
A9					
A10					
A11					
Total number of class hours (minimum 45 hours)					

Table 4: Evidence in Basic Sciences

No.	Workshop Name	Instructors' Name & Country	Date Completed	Class Hours	Document Format
B1					
B2					
B3					
B4					
B5					
B6					
B7					
B8					
B9					
B10					
Total number of class hours (minimum 30 hours)					

Table 5: Evidence of Training in Communication

No.	Workshop Name	Instructors' Name & Country	Date Completed	Class Hours	Document Format
C1					
C2					
C3					
C4					
C5					
C6					
C7					
C8					
C9					
C10					
Total number of class hours (minimum 30 hours)					

Table 6: Evidence of Ethics and Business Administration Studies

No.	Workshop Name	Instructors' Name & Country	Date Completed	Class Hours	Document Format
E1					
E2					
E3					
E4					
E5					
E6					
E7					
E8					
E9					
E10					
Total number of class hours (minimum 10 hours)					